

SSTC Meets - 2022

DATE	LOCATION	INFO	Coach(es)
June 10-12	York University	U20 & Open Championships - All events	Feltham
June 17	Hamilton	Hamilton 100m & 1500m Night - 150m, 100m, 300m, 1200m, 1500m	Feltham / Nicholson / Dale
June 28	York University	Twilight 3 - 100m, 300m, 400m, 1200m, 1500m, Sprint Hurdles, SP, HT, TJ, HJ, PV	Morton / Good
July 4th	Medway HS, Arva	Sabrecats Twilight 1 - 200m, 600m, 800m, 2000m, 3000m, DT, LJ	All coaches
July 12	York University	Twilight 4 - 200m, 800m, 3000m, Int Hurdles, DT, JT, LJ, HJ, PV	Morton / Good / Dale
July 18	Medway HS, Arva	Sabrecats Twilight 2 - 80m, 100m, 300m, 400m, 1200m, 1500m, DT, LJ	All coaches
July 26	York University	Twilight 5 - 100m, 300m, 400m, 1200m, 1500m, Sprint Hurdles, SP, HT, HJ, TJ, PV	Morton / Good
July 29 - 31	TBD	AO U14, U16, U18 Championships - All events	Morton / Good / Feltham / Nicholson
Aug 5-7	Sherbrooke, QC	Royal Canadian Legion National Championships	Feltham (probably) / Nicholson

		<ul style="list-style-type: none"> - All events <p>** Must meet qualifying standard to register (see coaches if curious)**</p>	(probably)
Aug 5-7	York University	<p>Ontario Masters Championships</p> <ul style="list-style-type: none"> - All events - 35+ only. 	
Aug 7th	Hamilton	<p>Hamilton Last Chance</p> <ul style="list-style-type: none"> - 100m, 200m, 400m, 800m, 1500m, 3000m, 5000m 	
Aug 13-14	TBD	<p>AO U8, U10, U12 Rising Stars Festival</p> <ul style="list-style-type: none"> - All events 	Morton / Feltham / Dale